

# TRANSLATION OF THE USUI MEMORIAL

Translation (especially for **AETW.org**)

by

**Jiro Kozuki**

## **NOT FOR SALE**

Copies of this E-Book may be distributed  
WITHOUT CHARGE to anyone you wish.  
It may also be distributed WITHOUT CHARGE in printed form  
- providing it is done so *in its entirety* (including end-pages).

Permission is NOT given to add to, subtract from,  
or otherwise modify this document in any way, shape or form.

[See foot of document for further details re: Use of Materials from this E-book]

THANK YOU

[Version 1.00]  
Copyright © 2003 James Deacon

## TRANSLATION OF THE USUI MEMORIAL

*In February, 1927, Usui-Sensei's students are said to have erected the memorial to his memory, which now stands in a graveyard at the Jodo shu (Pure Land sect) Saihoji Temple, Tokyo...*

*Note that from the outset, the Memorial speaks of Usui-Sensei as the founder of Reiho (Spiritual Method), not Reiki.*

### REIHO CHOSO USUI SENSEI KUDOKU NO HI

Memorial of the Benevolence of Usui Sensei, founder of Reiho (Spiritual Method)

Translation (especially for **AETW.org**) by Jiro Kozuki  
Copyright © 2003 James Deacon

That which one attains within, as a result of disciplined study and training, is called Virtue, and that which can be offered to others by teaching, and methods of salvation is called Distinguished Service. Only the person of high merit and great virtue can be called a great founding teacher. Sages, philosophers, and brilliant men of old and the founders of new teachings and new religions were all like that. Usui Sensei can be counted among them. Usui Sensei developed the method that would improve mind and body by using the universal power. Having heard of his reputation, countless people from all over gathered and asked him to teach them the great way of the Spiritual Method, and to heal them.

His common name was Mikao and his other name was Gyoho (Kyoho). He was born in the village of Taniai in the Yamagata district of Gifu prefecture. His ancestor's name is Tsunetane Chiba. His father's name was Taneuji, and was commonly called Uzaemon. His mother's family name was Kawai.

Sensei was born in the first year of the Keio period, called Keio Gunnen (1865), on August 15th. He was a talented and hard working student; his ability was far superior to his fellows. When he had grown up, he travelled to Europe, America and China to study. He wanted to be successful in life, but couldn't achieve it. He worked hard but often he was unlucky and in need. However he didn't give up and he disciplined himself to study more and more.

One day he went to Kurama Yama to undergo rigorous spiritual discipline. On the beginning of the 21st day, suddenly he felt a large Reiki over his head. He attained an enlightenment and at that moment he comprehended the Spiritual Method. When he first used it on himself, it produced beneficial results immediately. After that, he tried it on his family. Since it was effective, he decided it was much better to share it with the public than to keep this knowledge solely for his own family. He opened a training centre in Harajuku, Aoyama, Tokyo to teach and practice the Spiritual Method in April of the 11th year of the Taisho period (1922).

Many people came from far and wide and asked for the guidance and therapy, and even lined up outside of the building.

In September of the twelfth year of the Taisho period (1923), there was a devastating earthquake. Everywhere there were groans of pain from the injured. Usui Sensei felt pity for the people, and took the Spiritual Method into the devastated city and used its healing powers on the survivors, curing and saving innumerable people. This is just a broad outline of his relief activities during such an emergency.

Later on, his training centre became too small. In February of the 14th year of Taisho (1925 A.D.) he moved to a new training centre in Nakano, outside Tokyo. Due to his increased fame he was often invited to many places. Sensei, accepting the invitations, went to Kure and then to Hiroshima and Saga, and reached Fukuyama. It was during his stay in Fukuyama that unexpectedly he became ill and died, aged 62<sup>\*\*</sup>. It was March 9 of the 15th year of Taisho (1926 A.D.)

His wife was named Sadako, from the Suzuki family. A boy and a girl were born. The boy's name was Fuji who carried on the Usui family after his father's death. Sensei was mild, gentle and modest by nature and he never behaved ostentatiously. He was physically big and strong. He always had a contented smile. However, in the face of adversity, he sought a solution with determination and patience. He had many talents and liked to read, and his knowledge of history, medicine, psychology, divination, incantation, physiognomy and Buddhist scriptures was great.

On reflection, the Spiritual Method not only cures diseases, but also balances the spirit and makes the body healthy using innate healing abilities, and so, helps achieve happiness.

So, when it comes to teaching, first let the student understand the Meiji Emperor's admonitions; and let them chant the Five Precepts mornings and evenings, and keep them in mind:

Firstly: Don't get angry today, Secondly: Don't worry today, Thirdly: Be grateful today, Fourthly: Work diligently today, Fifthly: Be kind to others today.

These are truly great teachings for cultivation and discipline in keeping with those great teachings of the ancient sages and the wise-men. Sensei named these teachings 'the Secret Method of Inviting Blessings' and 'the Spiritual Medicine to cure many diseases'. Notice the outstanding features of the teachings. Furthermore, when it comes to teaching, it should be as simple as possible and not difficult to understand. It is important to start from a place close to you. Another noted feature is that while sitting in silent meditation with your hands held in prayer and reciting the Five Precepts, a pure and healthy mind will be cultivated. Its true value is in daily practice. This is the reason why the Spiritual Method became so popular.

Recently the state of the world has altered and peoples' thoughts have changed a great deal. Hopefully, the spread of this Spiritual Method will be of great help to people who have a confused mind or who do not have morality. Surely it is not only of benefit in curing chronic diseases and lingering complaints?

The number of students of Sensei's teaching is already over 2,000. Among them, senior students who remained in Tokyo are maintaining Sensei's training centre, and others in different provinces also are trying to spread the Spiritual Method as much as possible.

Although Sensei died, the Spiritual Method will continue to spread far and wide. Ah, what a great thing Sensei has done, to have shared this Spiritual Method with the people out there after having been enlightened within!

Lately, many students came together and decided to erect this memorial in the graveyard at Saihoji Temple in the Toyotama district to honour his benevolence, and to spread the Spiritual Method to the people in the future. I was asked to write these words. As I deeply appreciate his work and am pleased with the very friendly teacher-disciple relationships among fellow students, I could not refuse the request, and I wrote this summary in the hope that people will be reminded to look up to him with reverence.

Composed by: Masayuki Okada, Doctor of Literature - subordinate 3rd rank, 3rd Order of Merit.

Calligraphy by: Navy Rear Admiral Juzaburo Ushida - subordinate 4th rank, 3rd Order of Merit, distinguished service 4th class.

February, the 2nd year of Showa (1927 A.D.)

---

**\*\*NOTE:** According to the dates given, Usui Sensei would have actually been 60 at the time of his death. However, apparently there is an ancient Japanese tradition that a child is considered to be 'one' at birth, and is seen as being a year older at each new year, rather than the birthday that falls in that year??

An alternative explanation for the discrepancy could have something to do with the fact that, at the time of Usui-sensei's birth, Japan used a different calendrical system. The change over to the 'western' system in 1873 may have led to mistakes in the recording of exact dates of events in the immediately preceding years??

\* \* \* \* \*

---

---

If you liked this Reiki E-Book, then please *“Pay it Forward”*

by supporting

**21st CENTURY TIGER**

<http://www.21stcenturytiger.org>



**21st Century Tiger** is a *unique* wild tiger conservation partnership between the **Zoological Society of London** and **Global Tiger Patrol**.

**100% of funds raised go directly to wild tiger projects.**

Administration for the operation of 21st Century Tiger is funded separately.

---

---

If you have your own web site, perhaps you might also be willing to help by placing this banner / link in a prominent position on some of your pages.

*Thank you*

**Download more FREE pdf-format Reiki documents at:**

**James Deacon's REIKI PAGES:** <http://www.aetw.org>



## USE OF MATERIALS

You may freely publish the material contained in this e-book on your own website,  
or in your Reiki Manuals\*, newsletter\*, or other '**not-for-profit**'\* publication  
( - you may also translate it into other languages )  
*providing* you publish it in its entirety  
- including full **Author** and **Copyright** credits,  
and:

If used on a website, you provide a live link back  
[from the page where you place the material] to:  
**JAMES DEACON'S REIKI PAGES: <http://www.aetw.org>**

If used in a manual\*, newsletter\*, or other printed medium\*, you clearly credit:  
**JAMES DEACON'S REIKI PAGES: <http://www.aetw.org>**  
as the source of the material.

\*There must be **NO FINANCIAL GAIN** from the use of this material.

If however, you *do* wish to include this material in a '**for-profit**' publication,  
you must seek and *receive* my express permission *before* doing so.

—————  
If you simply wish to quote extracts from this material,  
please make it obvious that they ARE extracts - i.e. use quotation marks  
- and again clearly credit the source of the material.  
Please do not use quotes out of context.

**THANK YOU**